



Dean scales new heights for good cause

By BONNIE DONOVAN

news@northernstar.com.au

NO LONGER is Humpty Dumpty falling off walls, but he is climbing mountains. Mount Kilimanjaro, to be precise.

Dean Kirkland, 38, of Lismore, will be raising funds for the Humpty Dumpty Organisation by climbing Kilimanjaro in Tanzania in June this year.

Mr Kirkland is aiming to raise \$50,000 for the organisa-

tion, which would be used to help buy urgent medical equipment for hospitals in East Timor and Australia. "My aim is to climb the highest free-standing mountain in the world," he said.

"But the real challenge is to provide our hospitals with the vital medical equipment that is so desperately required to give all children a chance to grow and live life."

Mr Kirkland's main inspiration for doing the trek is the adventurous spirit of his father, who passed away in mid-2009.

"My dad would never turn down a challenge and I want to follow in his footsteps," he said.

Recently married, Mr Kirkland is looking forward to beginning his training schedule, which will include long

distance walking, stair work and the possibility of working in a decompression chamber.

This would help him to adjust himself to the dramatically changing altitudes on Mt Kilimanjaro.

For more information, or to donate, visit www.everydayhero.com.au/dean_kirkland



EVERY-DAY HERO: Lismore man Dean Kirkland after climbing a volcano in Chile. His next assault is on Africa's Mt Kilimanjaro.